

## Nibbles

Cumberland pigs in blankets  
Farmhouse breads and local butter  
Belly pork in cider glaze  
Potato wedges & Hawkshead relish dip  
Silver & Green rosemary and garlic olives  
Pork crackling  
BBQ Chicken wings  
Salted mixed nuts  
(One for £2.95 or three for £8.50)

## Starters

Ham hock terrine, apricot chutney, quails  
egg & black pudding crumb £6.25

Garlic wild mushrooms on toast, topped  
with black dub blue cheese £5.95

Smoked haddock and leek gratin, salad &  
farmhouse bread £6.50

Prawn & smoked salmon fish cake, cucumber  
and sweet pepper relish and salad £6.25

Shredded Confit duck leg salad, Hawkshead  
chilli jam, sesame and honey roasted  
cashew nuts £7.95

## Grazing Boards

Farmhouse Board - Cumbrian meats, pork  
pie, Cumbrian cheddar, farmhouse bread &  
pickles £15.95

Vegetable Platter - Quiche, cheese,  
pickled onions, farmhouse bread, salad,  
olives and chutneys £12.95

Garlic and rosemary baked brie, bread,  
chutneys and salad £ 11.95

## From the Allotment

Sweet potato, white bean cassoulet,  
gremolata and farmhouse bread £11.95

Butternut squash and sage risotto, Crispy  
sage £11.95

## From the Fells to the Estuary

### **'From Snout to tail'**

Cider braised belly pork, maple and  
sesame chipolatas, BBQ ribs, fries,  
coleslaw & crackling £18.50

Pennington special burger of the day,  
French fries, salad, and coleslaw £11.95

Pennington beef burger, French fries,  
salad, and coleslaw £11.95

Pork & black pudding, beef & Lamb and  
rosemary sliders, French fries, salad, and  
coleslaw £10.95

### **Add a little something...**

Cheddar cheese, Blue cheese, Bacon,  
Caramelised onions £1 each  
BBQ pulled pork or beef chilli £2 each

Pie of the day, chips & peas £11.95

10oz Gammon steak, chips, mushroom,  
tomato & peas £14.50

8oz Sirloin chips, mushroom & tomato  
£16.95

Roast chicken breast, mashed potato,  
bacon jam, green onion, and chicken jus  
£15.95

Braised beef & mushroom cobbler &  
seasonal veg £12.95

Local Fish in Cumbrian beer batter  
chips, mushy peas and tartare sauce  
£11.95

Thai Red prawn curry with fresh lime &  
coriander, rice, poppadum £14.95

### Side orders

Chips or Fries £2.50  
Onion rings £2.50  
Mixed salad £2.50  
Seasonal vegetables £2.50  
Chilli beef fries with cheese £3.95  
Cheesy chips £3.00  
Sauces £2.50  
Gravy, Dianne, Peppercorn or Black dub  
blue (local blue cheese)

Allergens- our team are fully aware of the contents of dishes if you have any allergens or  
intolerances please speak to us before ordering.

Weight- all weights are approximate uncooked measurement. All dishes include VAT@ 20%

## The Best Bit....

Cheesecake of the Day - See  
specials £5.95

Sticky Toffee Pudding Toffee  
sauce & Hartleys Vanilla Ice  
Cream £5.95

Banana, Rum & Honey Parfait,  
Chocolate Ganache & Chocolate  
Chip Short Bread  
£6.25

Selection of Ice Cream £4.95

Vanilla Pannacotta, apple  
compote, Muscovado Crumb,  
Toffee Sauce, £5.95

Bakewell tart, Amaretto ice  
cream £5.95